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| SOBRIETY | HOPE | SPIRITUALITY |
| RECOVERY | KEEP IT SIMPLE | ONE DAY AT A TIME |
| SPONSORSHIP | THE STEPS | TURNING IT OVER |
| ACCEPTING DIFFERENCES | JUST FOR TODAY | PASS IT ON |
| TIME TAKES TIME | LONLINESS | GRATITUDE |
| FORGIVENESS | PATIENCE | TOLERANCE |
| PERSONAL RESPONSIBILITY | RELAPSE | SELF CARE AND HEALING |
| SERVICE | HALT | SHAME |
| FEAR | ISOLATION | TRUST |
| ANXIETY | COURAGE | CHANGE |
| CRAVINGS | ANGER | LISTEN |
| FREE RENT | AWARENESS | PROGRESS NOT PERFECTION |
| MEETING MAKERS MAKE IT | KEEP IT SIMPLE STUPID | LET IT GO |
| LET GO AND LET GOD | SELF CARE | STIGMA |
| WILLINGNESS | THE PROMISES | DENIAL |
| POSITIVE AFFIRMATIONS | MEDITATION | HUMILITY |
| GUILT | TAKING INVENTORY | MEETINGS ARE MY MEDICINE |
| MOTIVATION | COMMITMENT | FAITH |